# MEDITATION & SENSORY ROOMS

February 11, 2020

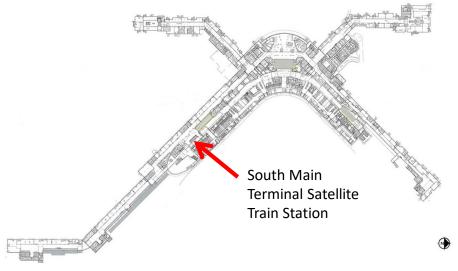


# MEDITATION & SENSORY ROOMS

This project will convert a post-security conference room in the South Main Satellite Train Station (STS) into two rooms with a small vestibule.

One room will be a relocated Meditation Room and the other will be a Sensory Room.

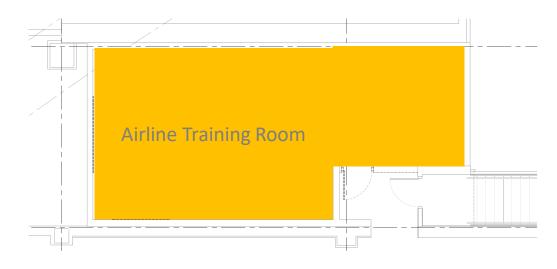






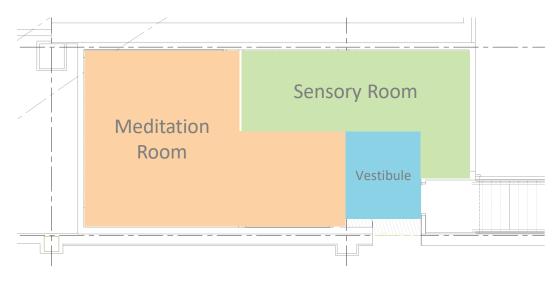
## **CHANGE OF USE**

#### **CURRENT CONFIGURATION**



The Airline Training Room is being relocated to Mezzanine Level, pre-security

#### **NEW CONFIGURATION**



Opportunity for post-security meditation room and first sensory room at Sea-Tac

### STAKEHOLDER ENGAGEMENT

#### **MEDITATION ROOM**

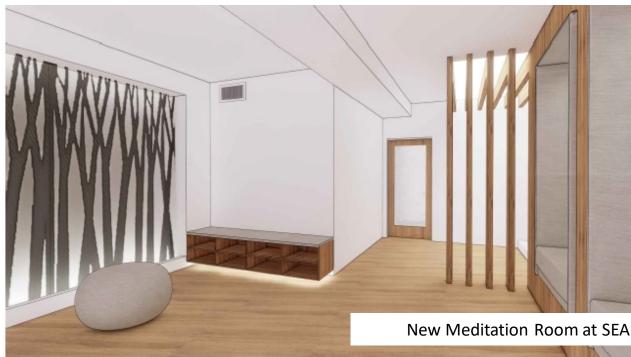
- Engaged with religious community stakeholders on requests/requirements (Q1 2019)
- Public testimony provided at the Commission
  Meeting demonstrated an interest and need to
  continuing to offer this amenity. (Q2 2019)
- Toured Training Room and reviewed preliminary floor plans with members of the religious communities (Q3 2019)
- Site visit to Evergreen Hospital Meditation Room with Stakeholders (Q1 2020)

### **SENSORY ROOM**

- Engaged with Occupational Therapist on best practices (Q2 2019)
- Received input from parents of children on the autism spectrum of requests/ requirements (Q3 2019)
- Conducted a benchmarking exercise, engaging with other airports and public spaces who have integrated Sensory Rooms into their facilities: (Q1 2020)
  - Century Link Field
  - Miami International Airport
  - Pittsburgh International Airport
  - Birmingham-Shuttlesworth International Airport

### MEDITATION ROOM





The Meditation room provides the airport community an inclusive facility that is a peaceful place for meditation, worship, general reflection, and quiet time for the traveling public and the airport community.

### MEDITATION ROOM

#### **CONCEPTUAL RENDERINGS**







#### Design Features:

- Dimmable lighting
- Materials and patterns reflect biophilic design
- Open floor space to accommodate prayer
- Orientation to Qibla
- Open storage within space
- Altar rail
- Recessed seating for individual reflection
- Increased acoustic separation for quiet atmosphere.

### **SENSORY ROOM**

A Sensory Room is a quiet area intended for passengers with neurological or developmental disabilities such as sensory processing disorders or autism spectrum disorder.

This project will create a specialized environment that passengers can interact with to help calm, prepare, or recover during the air travel experience through the use of specialized lighting, furniture, and materials.



### **SENSORY ROOM**

#### **CONCEPTUAL RENDERINGS**



#### **Design Features:**

- Dimmable lighting
- Variety of interactive seating including a rocking chair
- Textured wall panels
- Increased acoustic separation
- Resilient flooring
- Different zones for interaction
- Calm environment that is welcoming to all age groups.
- Graphics and materials reflect Northwest Sense of Place.

## PROJECT SCHEDULE & BUDGET

Project completion Q4 2020

Project budget \$1,000,000

